



Women's Lodge Retreat June 25-27, 2007

**JOIN US FOR A 2-DAY ENLIGHTENING RETREAT HONORING WOMEN
AT THE BEAUTIFUL MEADOW CREEK INN & SPA - STANLEY, ID**

WOMEN NURTURING AND SUPPORTING EACH OTHER IN THIS JOURNEY CALLED LIFE

The goal of the Women's Lodge Retreat is to create a supportive and nurturing experience for women to explore and discover the energetic relationships we have with the women in our lives.



Ask yourself....

- *Are you being nurtured by those in your support system?*
- *Do they give you energy and lift you or do they deprive you of your energy and stifle you?*

We will explore this energetic exchange through exercises, meditation, yoga, dance, sharing, story telling, journaling and more.

“*How might your life have been different if there had been a place for you? A place for you to go...a place of women, to help you learn the ways of woman...a place of women to help you find and trust the ancient flow already there within yourself...waiting to be released.*”

-Circle of Stones

This retreat allows you to take the time for yourself. A chance to be, breathe and escape. Bring your friend, mother, daughter or another woman with whom you can share this great experience.

Package Includes:

- Lodging & Food for 3 days/2 nights
- 1 1/2 Hour Spa Treatment
- Yoga/Meditation/Dance
- Discovery Workshops
- Guided Hikes
- Small Group of 10

**Price is \$550 per person
Double occupancy**

A 50% deposit required by May 15th

For More Information:

Liz O'Gara – 208-841-5623
womenslodgeidaho@yahoo.com

To Reserve:

Meadow Creek Inn & Spa
1-800-811-5745
www.meadowcreekinn.com

